

Ein Pilotprojekt der Otto-von-Guericke-Universität Magdeburg



Februar 2020 - Carina reiste nach Indien und die vielen Eindrücke bekamen einen festen Platz in ihrem Herzen



März 2020 - Carina bekommt Kontakt zu indischen Studierenden und versucht sie bestmöglich zu unterstützen

- Corona bringt viele Probleme für Studierende mit sich, vor allem für Internationals
- OVGU hat 3700 internationale Studierende, 24% sind aus Indien
- viele Nöte werden sichtbar (Einsamkeit, mangelnde Integration, Gefahren der mentalen Gesundheit)



Ende Mai 2022: OVGU veröffentlicht einen Aufruf zum Wettbewerb für eigene Projektideen, die dann finanziell aus einem Fond unterstützt werden

- Carina bewirbt sich mit der „Schwimm-Kultur“-Idee, die Schwimmen lernen mit Wohlbefinden und Integration verknüpfen soll

09.05.2022 Ein indischer OVGU Student ertrinkt in der Elbe

- dieser tragische Unfall nimmt Carina sehr mit und sie sucht nach Wegen, solche Vorfälle in Zukunft zu vermeiden
- die Schwimmfähigkeit in ganz Asien ist gering

Januar 2023: Nach einem 3-stufigen Bewerbungsprozess gewinnt „Schwimm-Kultur“

März 2023: Carina konnte Angelique, Milosz und Manuela für das Team gewinnen

Warangal student washed away in Germany river

K Akhil, a 24-year-old BTech graduate from Kareemabad in Warangal pursuing higher studies in Germany, was washed away in a river during an outing with his friends on Monday.

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By Express News Service
WARANGAL: K Akhil, a 24-year-old BTech graduate from Kareemabad in Warangal pursuing higher studies in Germany, was washed away in a river during an outing with his friends on Monday.

According to his father Parushuram, Akhil and his friends went on a picnic, after completing their exams, when the incident occurred. Akhil slipped into the river while standing on its bank to take a selfie and was washed away by the strong current.
Akhil, who completed his BTech in Kits College Warangal in 2018, went to Otto von Guericke University in Magdeburg the same year to pursue a Masters in Chemical and Energy Engineering.
MAUD Minister KT Rama Rao, meanwhile, tweeted about the incident, to which the Germany officials responded saying that the search operations are in progress.

April 2023: 1. Projektphase „Aktivierungsphase“: 80 Studierende warten darauf schwimmen lernen zu dürfen

- 94 weitere Studierende sind auf der Warteliste



08.05.2023: der erste Kurs hat den ersten Wasserkontakt

- Hintergrund verliefen umfangreiche Verwaltungsarbeiten

26.07.2023 41/80 Teilnehmende sind stolze Seepferdchen-Besitzer



Ab August 2023: 2. Projektphase startet „Stabilisierungs-Phase“- Netzwerken, Wissensvermittlung und Transfer



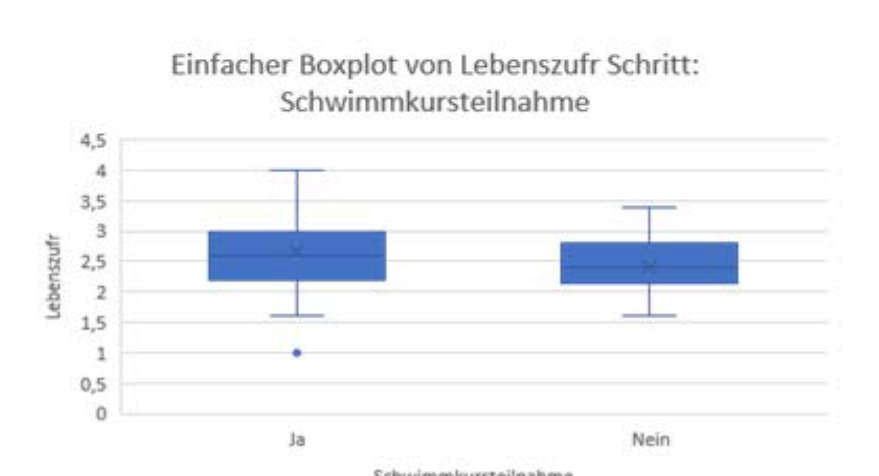
„Confidence. a lot more confident now. I used to be confident, I was confident but not this much. I am very, very confident now because I have, you know, overcome one of the hurdles of my life now, so that's one step towards the self-achievement list. so yeah, a lot more confident now. and a lot more uh, you know, I'm happy with myself, that's what, that's two things I've achieved from the course.“ (6 P, Pos. 488-492)

„So in my case it really helped me with my self-confidence, with my body shame and also with the, um, kind of showed me that there's nothing that you cannot do if you really want to. and if you have someone who teaches you the techniques, every person maybe can do whatever he hopes or she hopes so. there's nothing that you can't do it. and that's only from coming from a swimming pool. Yes actually, because for me it was a full package of a lot of feelings from my childhood until now, so it just changed something in me really I'm not telling that just because you're sitting here, it really changed me. and one thing is that swimming course also kind of made me more sporty person now I'm joining a gym course too and changing my eating habits and I'm just kind of being more healthy that I was before so I don't know how swimming helped me it just did I don't know something changed in me which was in a good change I actually and yeah now I really want to have kind of sporty healthy life more than what it was before.“ (4 Sh, Pos. 587-599)



Lebenszufriedenheit

Lebenszufriedenheit		Bericht				
	Mittelwert	N	Std. Abweichung	Varianz	Minimum	Maximum
Ja	2,8659	48	,56795	,322	1,00	4,00
Nein	2,4158	38	,51440	,265	1,00	3,00
Insgesamt	2,5550	84	,55439	,307	1,00	4,00



„everything in Magdeburg is really good, uh, except some people I don't like, some people. but it's people like you who helped me to make Magdeburg as a home, that is for sure“ (5 Y, Pos. 494-496)

„The batch that we earned at the end. I never post on social media that much, so that's the only thing I posted and everybody was like oh, you learned how to swim now! it's like that's the biggest achievement of my life! I've never achieved anything greater than that, because the fear, overcoming the fear is a big, big thing for me so that's what, yeah that's one thing I'm gonna cherish for the rest of my life, that I am I'm planning to you know frame the yeah, yeah it's a big thing for me. I'm planning to frame it and keep it with me forever.“ (6 P, Pos. 446-452)